

What we do to protect ourselves also protects others.

We are connected.

Materials for Activity

- Drawing paper
- Pencils or crayons or whatever you have on hand
- Use computer graphics if you have access
- **Use your imaginations if you do not have exactly what is listed. You could also do this activity with a deck of playing cards where each card would represent a connection.**

Description of Activity

Participants understand the connections that surround and ground them, by creating a visual depiction.

Distribute paper and set out pencils for participants to share. Invite children to write their own name in the center of a sheet of paper. Then ask them to use a plain pencil to write the names of as many people as they can think of who matter in their life. This might include family members, friends, teachers, members of their sports team, groups, or band, people who work at shops they frequent, congregation members, neighbors, etc. Encourage participants to spread the names all across the page and leave as much room as possible between names. Once you see most of the participants have written many names, ask participants to use color pencils to draw lines to connect the names of everyone who knows one another. Mention that every name on the page will need a line to them (the person making the poster). Draw lines between their family members, between their friends who also know one another, between neighbors who know one another, between band members who know one another, etc.

Post it where it will remind all members of the household at this time of social distancing of the connections that ground them and why it is so important to follow the guidelines to restrict social connections by staying at home, wash our hands properly and regularly, stop touching our faces, and have fun connecting and doing things as a family unit.